



PDP Request Form and Assessment

Thursday, March 26, 2020

10am-12pm

Educating Amid Contagion: Inner Skills for Teaching from Resilience

Massachusetts Partnership for Youth (MPY), Inc., distributes Professional Development Points (PDPs) to school personnel. If you would like to apply for PDPs today, please fill out the information below and complete the assessment.

PLEASE NOTE: You must submit this information every time you attend an MPY, Inc. event to ensure you receive all your earned hours of PDPs. PDPs can be only issued for a minimum of 10 hours of programming. To receive PDPs, you must have also attended another conference through MPY during the **2019-2020 school year**.

PDP Certificates for all events will be emailed at the end of each school year.

Name: _____ **School/District:** _____

Email: _____ **Phone Number:** _____

Mailing Address: _____

Program Goals: To understand the ongoing emotional and psychological barriers to education participation following COVID-19 social distancing and students' return to classrooms. To learn skills for managing anxiety, uncertainty and confusion based on scientifically validated mindfulness and cognitive behavioral interventions. To learn how to manifest and model these internal skills in interactions with students.

Please Circle True or False:

1. Prizing is equivalent with Praising others?	True	False
2. Prizing entails gaining control over outcomes for students.	True	False
3. Mindfulness of body and mind is a prerequisite for prizing.	True	False

(back)

Code: _____

What strategies do you think will be the most helpful with your practice?
